

**OVER-THE-COUNTER MEDICAL CARE EXPENSES  
REIMBURSEABLE THROUGH A FLEXIBLE SPENDING ACCOUNT\***

Acne Medications, such as Clearasil  
Allergy Relief, such as oral medications and nasal sprays  
Analgesics, such as fever and pain reducers Tylenol & Ibuprofen  
Antacids & Heartburn Relief, such as Alka-Seltzer, Mylanta, Milk of Magnesia, Pepcid, and Zantac  
Antibiotic Ointments such as Neosporin and Mycitracin  
Anti-itch & Hydrocortisone Creams  
Arthritis Pain-Relieving Creams & Medications  
Athlete's Foot Treatments, such as nail and foot anti-fungal creams and sprays  
Blood Pressure Aids, such as monitors and related equipment  
Cholesterol Test Equipment  
Cold Medicines such as tablets, syrups, drops and lozenges  
Diabetes Aids, such as glucose monitors and related equipment  
Diaper Rash Ointments, such as Balmex and Desitin  
Eye Care, such as reading glasses, saline solution, and lubricant eye drops  
Family Planning & Contraceptives, such as pregnancy tests and condoms  
Feminine Care relating to treatment of vaginal infections  
First Aid, such as heat wraps, compresses, bandages, tape, gauze dressing, adhesives pads, band aids and pain-relieving creams  
Hemorrhoid Treatments, such as Preparation H  
Incontinence Products, such as Depends and Serenity pads  
Joint Support Bandages & Hosiery, such as knee supports and elbow supports  
Joint & Muscle Pain Creams, such as BenGay and Flex All  
Laxatives  
Motion Sickness Preventives, such as Dramamine, patches, and bracelets  
Shampoo Treatments relating to treatment of psoriasis, lice, etc.  
Sleep Aids, such as oral medications and snoring/breathing strips  
Smoking Cessation Relief, such as patches and gum  
Stomach & Digestive Relief, such as Pepto-Bismol, Imodium, Colace, Lactaid and Pedialyte  
Tooth & Mouth Pain Relief, such as Orajel and Anbesol  
Urinary Pain Relief  
Vaporizers & Humidifiers  
Wart Removal Medications

***\*This listing is not intended to be all-inclusive, please call Zappa & Associates at 800-659-0527 with any additional questions.***

**MEDICAL CARE EXPENSES  
NOT ELIGIBLE FOR REIMBURSEMENT**

Cosmetics, such as makeup, lipstick, Q-tips, cotton balls and baby oil  
Denture Care, such as denture cleansers and denture adhesive creams  
Skin Care, such as sun block, skin and body moisturizing lotion and lip balm  
Hair Care, such as hair color, shampoo, conditioner, brushes, and hair loss  
Products like Rogaine  
Routine Dental Care, such as toothpaste, toothbrushes, dental floss, mouthwashes  
(including anti-bacterial mouthwash and fluoride rinses), breath strips and teeth  
whitening  
Nail Care & Personal Grooming, such as scissors and nail files  
Personal Hygiene, such as deodorant, soap, body, powder, shaving cream and  
razors, tissues, feminine care and sanitary products

**MEDICAL CARE EXPENSES  
REQUIRING A PHYSICIAN STATEMENT\*\***

Nutritional & Dietary Supplements, such as bars, milkshakes and power drinks  
Vitamins  
Weight Reduction Aids, such as SlimFast and appetite suppressants

\*\*Expenses requiring a physician statement are considered eligible for reimbursement only as they relate to a specific medical condition.

*Call Zappa & Associates, Inc. with any questions about the Flexible Spending Account Plan. (800) 659- 0527*